



Pause. And Read.

Pause the screen. Read something. Any book counts. One page counts.

A literacy project for a world of moving pictures.

Reading builds attention, empathy, and healthier social engagement—one quiet page at a time.

Scan the QR code to read the essays and join the project:



pauseandread.com

Print & share in libraries, schools, community boards, coffee shops, and church lobbies.

